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Introducing... Continuing Survey of Food Intakes by Individuals

1989

U.S. Department of Agriculture

Human Nutrition Information Service

April 1989

Thanks for your cooperation!

Thank you for participating in the Continuing Survey of Food Intakes by Individuals. The information you provide along with that provided by many other people shows the kinds and amounts of foods eaten by men, women, and children and about the nutritive value of their diets.

Why was your household selected?

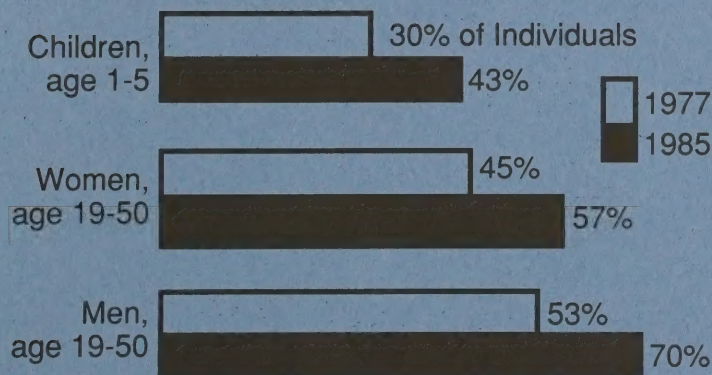
The U.S. Department of Agriculture is required by law to conduct nationwide surveys about the foods and beverages people eat and drink. This is the latest in a series of surveys providing information on the food and dietary status of individuals.

Each year, individuals in about 2,250 households are interviewed. Your address was scientifically chosen as part of this sample. For this reason, your interview cannot be completed by any household but your own. Your interview will represent about 40,000 other households like yours. While your participation is voluntary, it is important for the accuracy of the survey that you complete your interview.

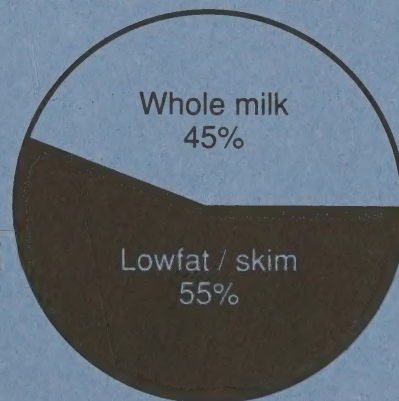
Your answers are confidential.

All information that you provide is kept strictly confidential. Neither the U.S. Department of Agriculture nor other Government agencies have access to information collected in this survey that identifies you. Published information is presented only in statistical summaries and tabulations, like those shown below:

Eating Away from Home Has Increased



Women Drank More Lowfat Milk Than Whole Milk in 1985



**How is information
from the survey
used?**

Findings from the survey are used in many different ways by many different people. Some examples are:

- Nutritionists use the findings to develop nutrition education programs to help consumers improve their diets and make the best use of their food dollar.
- Nutritionists and other scientists use the findings to study the relationships between diet and disease and to show how diets can be changed to improve health.
- Agricultural economists use the findings to assess demand for agricultural products, marketing facilities, and services and to be sure there is enough food to feed the Nation's population.
- State and Federal agencies use the findings to assess dietary changes associated with participation in food programs such as the School Lunch Program; the Food Stamp Program; and the Women, Infants, and Children (WIC) Program.
- Government agencies also use the findings to develop food fortification and enrichment policies and to monitor the safety of the food supply.

**Where is survey
information
published?**

Findings are released in a series of publications, data tapes, and articles in scientific and technical journals. If you would like to receive more information about the survey or a list of publications, please write to--

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